

Whole Grain Lo Mein Noodles

DESCRIPTION:

Delicious and soft noodles are an excellent option to compliment a wide variety of Asian entrees. Enjoy!

FOOD BASED EQUIVALENCY:

One serving provides 1 serving (1/2 cup) of whole grain noodles/grain.

Each case contains 20 lbs of Whole Grain Lo Mein Noodles.

HEATING INSTRUCTIONS:

- Place product in a sheet pan and place sheet pan ٠ in cooler (45°) two full days prior to serving or until fully thawed.
- Place product into hotel pan (1 Bag/pan), drizzle 1 ٠ to 3 cups of water evenly over noodles and toss, cover with lid.
- Heat in convection oven at 350° for about 20-25 minutes or until 165°.

INGREDIENTS:

Whole Grain Lo Mein (Whole Wheat Flour, Enriched Wheat Flour, Tapioca Starch, Wheat Gluten, Water)

CONTAINS: WHEAT

NO TRANS FAT NO MSG



Nutrition Facts

Serving Size 2.46oz (70g)

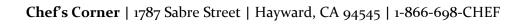
Amount Pe	er Servir	ng			
Calories 8	7	2459	Calories from Fat 0		
			% Daily Value*		
Total Fat 0	g		0%		
Saturated	Fat 0g		0%		
Trans Fat	t Og	a M			
Cholesterol 0mg			0%		
Sodium 2n	ng	0%			
Total Carbohydrate 18.6g			6%		
Sugars 0					
Protein 3.7	g				
Vitamin A 0%	•		Vitamin C 0%		
Calcium 1%	•		Iron 4%		
*Percent daily values a lower depending on yo	our calorie needs	S	Your Daily Values may be higher or		
Total Fat	Calories: Less than	2,000 65g	2,500 80g		
Sat Fat	Less than	20g	250		
Cholesterol	Less than	300 mg	300 ma		
Sodium	Less than	2,400mg			
Total Carbohydrate		300g	375g		
Dietary Fiber		250	25g 30g		

I certify this information is true and correct:

July 1, 2016 Grant K. Kwok Date President

Effective for one year from date signed

Product Code	Description	U/M	Count	Lbs
Lo Mein: CCF-oou	Lo Mein Noodles	5 lbs	6	30





Pack Information

Pack: 6/5 lb Bags. Case Net Wt. (Lbs): 30 lbs Case Gross Wt. (Lbs): 31 lbs Case Dimension: 14x12x9 Case Cube: 0.87 Cases/Pallet Layer: 8 Layers/ Pallet: 8 Cases/ Pallet: 64

Shelf Life

Frozen: 1 year Refrigerated: 3 days

Note: Product not intended to be eaten cold. See Cooking Instructions